

**Capacity Building Training of Middle Level Training on Infant and Young Child
Feeding Counselling**

Institute of Public Health, NHM Ranchi

Brief report

Date: 6-12 June 2016

Participants: 23

National Trainers: Dr. Sangeeta Rani, Dr. B.B. Gupta, Dr. Anita Gupta, Ms. Ulka Jamal

Venue: Institute of Public Health, Ranchi

This was the Second Middle Level Trainers Training courses in Ranchi with National Health Mission Jharkhand. The Second batch comprised of 23 participants from 12 districts of the state. The batch was a mix of doctors, nurses, ANMs and GNMs. First day of the training was visited by Dr. Sunita Katyayan (CCC Member of BPNI & National Trainer of BPNI) who inaugurated the training.

After that the participants were given a pre test form to test their present knowledge status. The course objectives, content and introduction to literature was given by Dr. Sangeeta Rani. The participants were explained that this course will be in two phases; where in the first phase of first three days would be conducted by the national trainers. The remaining four days would be phase two of the training where the participants would be given one session to prepare and conduct the same. A total of four Clinical practices were conducted at Sadar Hospital Ranchi and one Clinical practice was conducted at Aganwadi Centre.

Participants were given real time feedback and were monitored closely by their group leaders who were the national trainers. Participants were encouraged to ask questions and their queries were sorted. The batch was quite enthusiastic and all of them conducted their sessions quite well. Participants shared that this is the first time such a rigorous training has happened and that it has ingrained the counselling skills in them. They also said that the learning would be very useful in their daily work life and now they can help mothers. Some participants shared that till now many times it happened that mothers would come with queries like not having milk and they never were able to give convincing answers, but now they feel empowered that they can help all mothers with feeding difficulties.

At the end of the training, Dr. Beena Sinha (Deputy Director Child Health, NHM) graced the valedictory function. She said that it is important that all the participants take these lessons back with them and try to bring small changes in everyday life, only then we can make a big change. After which she distributed the training tool it to all the participants after which certificate distribution was conducted.

GLIMPSES OF THE TRAINING



Figure 2 Participants filling the pre test before the training

Figure 1 Trainer showing positioning through demonstration



Figure 3 Dr. Beena Sinha (Deputy Director Child Health, NHM) with BPNI National trainers at the valedictory function



Figure 3 Participant making one milk feed during Practice



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Participants List

S. No	Names	Designation	Place of Posting	District
1	Dr. Zia Ur Rahman	M.O(AYUSH)	PHC, Phod bhaga	Sahibganj
2	Dr. Digvijay Bhardwaj	M.O (RBSK AYUSH)	CHC Jasidin Deoghar	Deoghar
3	Dr. Kuldeo Chaudhary	M.O (RBSK AYUSH)	CHC Ranka	Garhwa
4	Dr. Wakil Kumar Singh	M.O(AYUSH)	DJD Godda	Godda
5	Dr. Sharat Chandra Sardar	M.O(AYUSH)	PHC Karaikela	W. Singhbhum
6	Dr. Shyam Tiwari	M.O(AYUSH)	District Hospital, Latehar	Latehar
7	Dr. Prabhash Kumar Prabhakar	M.O(AYUSH)	PHC Haripur, Jarmundi	Dumka
8	Dr. Rakesh Kumar Keshari	M.O(AYUSH) RBSK	CHC, Chaipur Palamau	Palamau
9	Meena Kumari	Staff Nurse	Sadar Hospital	Goddu
10	Sumati Kumari	Staff Nurse	Sadar Hospital	Latehar
11	Purnima Beck	Staff Nurse	CHC Bandgaon	W. Singhbhum
12	Kanchan Deengdeeng	Staff Nurse	CHC , Ichagarh Saraibela	Saraibela, kharsarod
13	Rahil Meermu	Staff Nurse	CHC Maheshpur Pokum	Pokum
14	Abha Kumari	ANM	PHC Madhupur	Madhupur
15	Archana Mandal	GNM	Sadar Hospital, pitul, sahibganj	Sahibganj
16	Ruby Kumari	GNM	Sadar Hospital, Dumka	Dumka
17	Suchita Jiwa	Staff Nurse	Sadar Hospital, Garhura	Garhura
18	Rose Pratima Khalkho	GNM	Sdar Hospital, palamu	Palamu
19	Dr. Neelam Bhushan	Medical officer	CHC Ichagarh	Saraikela
20	Dr. Sakhawat hussain	M.O. (RBSK) AYUSH	CHC Littipara	Pakur
21	Sandhaya Rani Mahota	GNM	Sadar Hospital Khasrehal JSR	East Singhbhum

22	Dr. Kalyan Maheto	M.O AYUSH	CHC Dumaria	East Singhbhum
23	Babita Kumari	GNM	Sadar Hospital Deaghar	Deaghar